

MENU WEEK 1

Monday

Sweet Peppers, Carrots & Mushrooms in a Mild
Tomato Cinnamon & Ginger Sauce

Tuesday

Mixed Vegetable & Bean Hotpot served with
Couscous

Wednesday

Broccoli, Leek & Cauliflower Cheese with
Pasta Shells

Thursday

Tuna & Mixed Vegetables in Tomato Sauce
served with Jacket Potatoes
(without tuna for vegetarians)

Friday

Creamy Chicken & Mushroom Pie served with
Fresh Vegetables
Or
Vegetable Pie served with Peas

Everyday the children will be offered either
cheese & crackers or fresh fruit as a dessert.

MENU WEEK 2

Monday

Ratatouille with Herby Couscous

Tuesday

Chickpea, Lentil & Courgette Curry

Wednesday

Mushroom & Sweetcorn Pizza with Tomato
Pasta

Thursday

Soya or Mince Bolognaise with Spaghetti

Friday

Lentil, Tomato & Vegetable Bake with Jacket
Potatoes

**Everyday the children will be offered either
cheese & crackers or fresh fruit as a dessert.**

MENU WEEK 3

Monday

Vegetable Stir Fry with Noodles

Tuesday

Broccoli & Cauliflower Cheese with Whole wheat
Pasta Shells

Wednesday

Homemade Mixed Pepper Pizza with Tomato
Pasta

Thursday

Creamy Tuna & Mushroom Puff Pastry Top Pie
Vegetable Pie – Vegetarian Option

Friday

Steak Mince Bolognaise with Jacket Potatoes
(Soya and vegetables for vegetarians)

Everyday the children will be offered either
cheese & crackers or fresh fruit as a dessert.

MENU WEEK 4

Monday

Mixed Bean Hot Pot served with Herby Couscous

Tuesday

Homemade Tomato sauce with fresh mixed vegetables. Served with Jacket potatoes

Wednesday

Mild Chicken, Lentil & Vegetable Curry
Served with Tumeric Rice.

Vegetable & Lentil Curry

Thursday

Mixed Beef or Vegetable Puff Top Pie with Peas & Sweetcorn.

Friday

Broccoli Leek Cauliflower Cheese with
Wholewheat Pasta Shells

Everyday the children will be offered either cheese & crackers or fresh fruit as a dessert.